

## Bogdan Ioan Voinescu, MD, PhD

## WORK EXPERIENCE

- 01/10/2017- **Specialty Doctor in Liaison Psychiatry**  
Bristol Royal Infirmary, University Hospitals Bristol, Bristol (UK)
- 14/12/2015–30/09/2017 **Clinical Research Associate**  
Institute of Psychiatry, Psychology and Neuroscience, King's College London, London (UK)
- 01/10/2012–30/09/2016 **Lecturer in Psychiatry**  
Department of Clinical Psychology and Psychotherapy, Faculty of Psychology and Education Sciences Babeş-Bolyai University, Cluj-Napoca (Romania)
- 01/06/2011–28/03/2013 **Postdoctoral fellow**  
Babeş-Bolyai University, Cluj-Napoca (Romania)
- 01/12/2008–30/09/2009 **Visiting Researcher/Clinical Attachment**  
Department of Molecular Psychiatry, Swansea University, Swansea (United Kingdom)
- 01/01/2006–31/12/2010 **Resident in General Adult Psychiatry**  
Clinical County Hospital of Emergency, Cluj-Napoca (Romania)

## EDUCATION AND TRAINING

- 01/01/2006–31/12/2010 **Medical Specialist in Psychiatry**  
"Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca (Romania)
- 01/10/2007–20/05/2010 **Doctorate in Medicine**  
"Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca (Romania)
- 01/10/2006–15/07/2008 **Master Degree in Clinical Psychology**  
Faculty of Psychology and Education Sciences, Babeş-Bolyai University, Cluj-Napoca (Romania)
- 1/10/1998–15/07/2004 **Medical Doctor**  
Faculty of Medicine, "Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca (Romania)
- 15/09/1994–15/07/1998 **Baccalaureate**  
"Gheorghe Șincai" National College, Baia Mare, Romania

## ADDITIONAL INFORMATION

## Professional Memberships

European Sleep Research Society since 2010. Chair of the Web Committee since 2017. Former secretary of the Early Career Researcher Network (2014-2016).

## Research grants

Grant for Young Researchers (GTC-31819/2016): "The impact of working schedule on sleep – a multidisciplinary approach", Babeş-Bolyai University, Cluj-Napoca, Romania (2016).  
"Chronic Insomnia – diagnosis, comorbidities and response to cognitive-behavioural therapy", the Sectorial Operational Programme for Human Resources Development 2007-2013, co-financed by the European Social Fund, POSDRU 89/1.5/S/60189 (2011-2013).  
European Sleep Research Society Sanofi-Aventis Research grant for the project: "Is Primary Insomnia Linked with Adult Attention-Deficit/ Hyperactivity Disorder (ADHD) and Is It Amenable to Cognitive-Behavioural Therapy (CBT)?", Lisbon, Portugal (2010).

## SELECTED PAPERS

## Articles

Winkler P., Krupchanka D., [and 26 others including *Voinescu B.I.*] Revealing a blind spot on the global mental health map: scoping review of 25 years development of mental health care for people with severe mental illnesses in Central and Eastern Europe. *The Lancet Psychiatry*. 2017;4(8):634-642

McGowan N.M., *Voinescu B.I.*, Coogan A.N. Sleep quality, chronotype, and social jetlag differentially associate with symptoms of attention deficit hyperactivity disorder in adults. *Chronobiology International*. 2016;33(10):1433-1443

*Voinescu B.I.*, Szentagotai A. Sleep hygiene awareness: its relation to sleep quality and diurnal preference. *Journal of Molecular Psychiatry*. 2015;3:1-7

*Voinescu B.I.*, Wislowska M, Schabus M. Assessment of SOMNOwatch plus EEG for sleep monitoring in healthy individuals. *Physiology and Behavior*, 2014;132:73-78

*Voinescu B.I.*, Szentagotai A, David D. Sleep disturbance, circadian preference and symptoms of adult attention deficit hyperactivity disorder (ADHD). *Journal of Neural Transmission*, 2012;119(10):1195-1204

*Voinescu B.I.*, Coogan AN. A Variable Number Tandem Polymorphism in PER3 is not associated with chronotype in a population with self-reported sleep problems. *Sleep and Biological Rhythms*, 2012;10(1):23-26

## Book Chapters

*Voinescu B.I.* Mental State Exam. In Enea V., Dafinoiu I. (eds.) *Psychological Evaluation: A Manual for the Clinical Psychologist*. Iași: Polirom, 2017.

Hertenstein E., *Voinescu B.I.*, Riemann D. Psychotherapy in Insomnia: the State of the Science and Practice. In Lynn S., David D., Montgomery G. (eds.) *Evidence-Based Psychotherapy: The State of the Science and Practice*. Wiley, 2017 (in publication)